


*Book Launch
Readings & Signings*

Thursday, September 7, 2023
7:00 – 8:30 pm
Shelf Life Books
1302 – 4 St SW, Calgary

A portion of book sale proceeds go to
The Calgary Food Bank
Published by:



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Plan to attend workshops too
with the author/practitioners.
Sat., Sept. 9, 8:30 am – 5:00 pm
Scarboro Community Hall
1737 – 14 Ave SW, Calgary
Pay what you can

EMBRACE YOUR DIVINE FLOW
EVOLVEMENTS FOR HEALING

J. HOBSON & L. SHYBA, Eds.

*Embrace
Your
Divine Flow*
Evolvments
for Healing

STORIES

"Indigenous Knowledge Keepers, movement therapists, artists, soul session teachers,
and musician healers make a unique contribution to the literature of peace, love, and
healing." —Mark Anthony, JD Psychic Explorer, author of *The Afterlife Frequency*

Editor JULIAN HOBSON CHi BHSC
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Foreword ELIZABETH ROCKENBACH BIP

FIND OUT MORE ABOUT WORKSHOPS

FIND OUT MORE ABOUT THE BOOK

EMBRACE YOUR DIVINE FLOW: EVOLVEMENTS FOR HEALING
EDS. JULIAN HOBSON, CHi & LORENE SHYBA, PHD
BOOK LAUNCH AND SIGNING PARTY

Thursday, September 7, **Shelf Life Books**, 1302 4 St SW, Calgary. 7 pm to 8:30 pm.
Hybrid ... Live and Zoom (for out of towners)

WORKSHOPS with author/healers take place at various locations:

Saturday, September 9, **Scarboro Community Hall**, 1737 14 Ave SW, Calgary, 8:30 am to 5 pm.
Take part in individual workshops or stay all day. Pay what you can, \$20 per session suggested.
Bring a yoga mat, small pillow, and a bag lunch.

1. 8:30 - 9:50 — Mar'ce Merrell, "Experiments in Life as a Learning Lab" writers workshop.
2. 10:00 - 11:20 — Val Campbell, The "Moving the Poetic Body" workshop, an introduction to the discipline of Authentic Movement.
3. 11:30 - 12:50 — Hilda Chasia Smith. "Soul Session" workshop. Play with intuition and gentle breath work to awaken your true essence of love.

Break for brown-bag lunch time. Cool waters provided.

4. 1:30 - 2:55 — Audrya Chancellor. The "Illuminous Sound Journey" workshop for a journey into a sacred soundscape.
5. 3:00 - 5:00 — Elizabeth Rockenbach. "I Am the One that I Want: Journeying into Self Love and Acceptance." The session is about opening to our unique divine essence.
6. On Wednesday, Sept. 13 at 7 pm Rich Thérroux will host an Art workshop rumble at **Rumble House Gallery** 1136 8 Ave SW, Calgary.

A limited number of signed books will be available for sale at the locations.



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*Durville & UpRoute Books is donating
a percentage of proceeds from the book
to The Food Bank.*